

## 2018 Boundary Awareness Training Opportunities

Sponsored by the Maine Conference UCC

✓ **“Ready, Set, NO: Setting Limits and Doing Better at Self-Care”** with Rev. Darren Morgan

There is universal agreement that there are challenges in ministry. Pastors are expected to be constantly available to those they serve, plugged-in electronically, and always “on the clock” – an unsustainable expectation. We live in a culture that praises overwork, which leads to an alarming rate of clergy burnout, depression, and poor physical and spiritual health. This workshop will explore the barriers of self-care. In his life and ministry, Jesus took time away to feast with friends. Consider this your invitation to do likewise, to be nourished and fed with the Spirit of colleagues in ministry, and to embrace better self-care. *10:00 a.m. to 3:00 p.m., Tuesday, January 9, 2018 @ Congregational Church of Wells, 1695 Post Road, Wells. \$25.*



✓ **“Clergy Boundary Awareness Training for Laity”** with Rev. Darren Morgan

Authorized Ministers in the United Church of Christ are required to attend triennial Boundary Awareness Training to maintain ministerial standing, but this training is not specifically delivered to laity. This session is expressly geared for church leaders of congregations who are in pastoral transition. Integrating current clergy boundary awareness information, particularly with boundaries during pastoral transitions, the goal of this training is to help laity better understand clergy boundaries. Leadership development and knowledge of the ethics of ministry is essential, especially during times of pastoral transition. This training is the framework for a conversation with laity so that healthy/healthier relationships will occur, not only with the departing pastor, but also with new pastoral leadership. *10:00 a.m. to Noon, Saturday, February 10, 2018 @ Foreside Community Church UCC, 340 Foreside Road, Falmouth. Free (clergy do not receive BAT credit).*

✓ **“Boundary Awareness in the Digital Age”** with Rev. Darren Morgan

Facebook, Twitter, and Instagram connect people together and are tools to enhance ministry, but in a world where knowledge and information are at your fingertips, what are the boundaries? This training will help clergy understand the importance of healthy digital boundaries in ministry and to critically discern their complexities in pastoral relationships. Church lay-leaders are welcome to attend. *10:00 a.m. to 3:00 p.m., Wednesday, April 18, 2018 @ First Congregational Church UCC, 28 High Street, Wiscasset. \$25.*

✓ **“The Oxymoron of Boundaries in Rural Communities”** with Kim-Anne Perkins

Helping-professions in rural communities have challenges when it comes to confidentiality, boundary issues, and maintaining multiple roles in the places where we live and work. This workshop is designed to discuss these issues from both the personal and professional perspective. Along with a presentation that outlines professional standards, opportunities for problem-solving and sharing of concerns will be made available. *10:00 a.m. to 3:00 p.m., Saturday, May 19, 2018 @ Second Congregational Church UCC, 205 Main Street, Norway. \$25.*

✓ **“Letting Go: Observing Boundaries in New Ministry Settings/Retirement”** with Rev. Dr. Nick Davis  
If you are thinking of retiring or changing ministry settings soon, or if you have just retired/changed ministry settings, this Boundary Awareness Training event is for you. We will process the unique concerns, challenges, and questions that arise for clergy and their spouses who leave behind important relationships and enter a new ministry setting or “the 3rd third” of life. As our relationships with parishes and parishioners change, how do we manage this transition in healthy ways? What can we learn from one another? How can we support one another?  
**10:00 a.m. to 3:00 p.m., Tuesday, June 5, 2018 @ Maine Conference UCC, 1 Weston Court, Suite 104, Augusta. \$25.**

✓ **“Everyday Boundaries”** with Rev. Dr. Susan Stonestreet  
Unlike many boundary trainings, this workshop does not focus on the kinds of misconduct that wind up in the newspaper, but on the ordinary and vexing boundary conflicts that clergy manage every day. For example, clergy are often torn between the needs of their families and the demands of their congregations. To complicate matters, clergy are often rewarded at church for being over-responsible, and criticized at home. Stir in a congregation’s anxiety about decline, the lack of interest from the millennial generation, and worry about the future, and setting boundaries can become an experience of setting sail in a perfect storm. A focus on “Saying No to Say Yes” will help us live more abundantly in our personal lives and ministries. **10:00 a.m. to 3:00 p.m., Tuesday, September 18, 2018 @ Union Congregational Church UCC of Ellsworth Falls, 2 Falls Court, Ellsworth. \$25.**

✓ **“Back to Basics”** with Rev. Darren Morgan  
This workshop will explore basic professional boundaries in ministerial situations and when crossing these boundaries becomes a betrayal of sacred trust. Topics include: Power, Dating, Friendships, Dual Relationships, Gifts, The Pulpit, Transference, Hugging & Touch, Intimacy, and Self-Care. This program is the basic Boundary Awareness Training 101 – first timers as well as seasoned clergy are welcome. Members of Pastoral Relations Committees or Diaconate are also invited to attend. **10:00 a.m. to 3:00 p.m., Wednesday, November 7, 2018 @ First Congregational Church UCC, 7 Eustis Parkway, Waterville. \$25.**

Lunch is provided with all-day trainings (please note dietary restrictions on registration).  
For more information, contact Rev. Darren Morgan at 207-944-9469 or [dmorgan@maineucc.org](mailto:dmorgan@maineucc.org)  
To register for a training, go to: <http://maineucc.org/boundary-awareness-training-registration/>